



SCC WOMEN'S MINISTRY MEAL TRAIN GUIDELINES

Meal Train (MT) is a tool to help a community plan, prepare, and deliver meals to show the love of Jesus by supporting someone in need. This resource may be used by various groups in SCC. This description relates to how the Women's Ministry Meal Train (WMMT) works within Women's Ministries, alongside ministries like Life Groups and Community Care.

WHO IS A WMMT FOR?

A WMMT is intended for members and regular attenders of SCC who are recovering from medical procedures, facing illness, experiencing a significant transition, or welcoming a new child to their home. Requests to extend this care for community members may be submitted as a request to and considered by the WMMT Coordinator.

WHO COORDINATES THE WMMT?

A WMMT Coordinator serves alongside the Women's Ministry (WM) team to respond with practical support to the needs described above. The meal train website provides a calendar for volunteers to sign up during requested dates and receive detailed info about specific needs.

HOW DOES A WMMT SUPPORT LIFE GROUPS?

Life Groups are the first line of care for needs. After a Life Group ministers to a need, a WMMT may be requested for expanded care. For individuals who are not in a Life Group, a WMMT may be requested as a first line of care.

HOW DOES A WMMT COMPLEMENT THE COMMUNITY CARE TEAM?

A WMMT might happen first, providing essential information about needs for the Community Care Team. This may include longer-term meals support, household assistance, or other acts of service. At the same time, as Community Care becomes aware of needs, they may reach out to request an initial ministry of WMMT. In addition, if needs extend beyond what WMMT is prepared to provide, a request will be shared with Community Care to plan other ways (ex. purchasing freezer meals, participation in community meals, etc.) to assist.



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WHO SUBMITS A REQUEST FOR A WMMT?

A Life Group leader, including Women's Bible Study leaders, may submit a WMMT request. For those not part of a group yet, a request may be submitted directly to the church office, to be shared with the WMMT Coordinator. A link should be provided on the SCC website, and a hard copy request form should be available in the office.

HOW LONG DOES A WMMT LAST?

A WMMT typically lasts two weeks; requests to extend up to a month will be considered by the WMMT Coordinator and Women's Ministry Leader, in communication with the Community Care Team.

WHAT'S THE PROCESS TO REQUEST A WMMT?

If the need is within an SCC Life Group or Bible Study:

- Life Group/Bible Study leader coordinates care in the group
- Group leader fills out a form (Realm & paper options) to request a WMMT
- WMMT Coordinator contacts person in need to gather info
- WMMT Coordinator sets up a WMMT with willing cooks
- Needy friends are fed and loved, and cooks are thanked and encouraged!

If the need is outside of an SCC group:

- Request submitted to the SCC office by a church or community member
- Request forwarded to WMMT Coordinator
- WMMT Coordinator gathers info about the need and communicates process
- WMMT Coordinator communicates with Community Care (CC) and WM Leader with questions
- WMMT Coordinator arranges for WMMT, communicates back with CC Team/WM Leader
- Needy friends are fed and loved, and cooks are thanked and encouraged!

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